

# E5x Suspension Elliptical



- LED console display offers intuitive operation
- WiFi connectivity accommodates optional Matrix Asset Management system and Workout Tracking Network
- Compatible with xID single-point user sign-in for a seamless personal experience
- Sprint 8 High Intensity Interval Training program
- RFID compatible to provide touch-free login
- USB port offers charging for most smartphones and tablets
- Integrated 3-speed personal fan
- 53.3 cm / 21" stride length accommodates all users for a comfortable, efficient, and natural workout
- Low 24 cm / 9.5" step-on height for easy accessibility
- Constant Rate of Acceleration and our patented suspension design delivers a perpetually smooth motion free of wheels and tracks
- Contralateral action with tapered, dual action handlebars mimics the body's true movement and proper fit
- Ergo Form Grips with integrated controls enhance comfort and accessibility of key functions
- Removable disk for easy serviceability
- Self-powered system provides cost-savings and freedom of placement within facility

## CONSOLE

Display Type	Dot-matrix LED with profile display
Display Feedback	Time Elapsed, Time Remaining, Time of Day, Total Program Time, Distance (Kilometers or Miles), Calories, Level, Speed, RPM, Heart Rate, METs, Watts, Workout Profile
Secondary Data Display	No
User-defined Multi-language Display	English, German, French, Italian, Spanish, Dutch, Portuguese, Japanese, Swedish, Finnish, Turkish, Polish
Resistance Range	1-25
Intervalo de resistência	1-25
Workouts	Manual, Rolling Hills, Target HR, Interval Training, Constant Watts, Fat Burn, Fitness Test, Sprint 8
CSAFE Ready-FitLinxx™ Certified	Yes
IPTV Compatible	No
Pro:Idiom Compatible	Optional - add-on TV
FitTouch™ Technology	No
Instant On Technology	Yes
One-button Start	Yes
On-the-fly Program Change	Yes
Integrated Vista Clear™ Television Technology	No
FITCONNEXION™ Ready	Yes
WiFi Enabled	Optional
Bluetooth Enabled	No
iPod® / iPhone® / iPad® Compatible	Charging only

Multimedia Playback	No
Personal Fan	Yes
Personal Trainer Portal Compatible	No
USB Port	Yes
Virtual Active™ Compatible	No
Asset Management Compatible	Yes
Workout Tracking Network Compatible	Yes
Web Connectivity	No
Facility Communication Portal/Calendar	No
RFID Compatible	Yes
Pause Function	Yes
Reading Rack	No

## FEATURES

Stride Length	53.3 cm / 21"
Contact & Telemetric HR	Yes
Footpad Insert	Yes
Pedal Spacing	6.4 cm / 2.5"
Handlebar Design	Multi-position dual action / custom ergo-bend stationary
Remote Buttons	Yes

## RESISTANCE SYSTEM

Resistance System	Brushless generator
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## TECH SPECS

Power Requirements	Self-powered / powered 100v-240v - 50/60Hz AC
Minimum Watts	21 powered & self-powered
Minimum RPM	25 powered & self-powered
Assembled Dimensions	178 x 74 x 174 cm / 70" x 29.2" x 68.5"
Max User Weight	182 kg / 400 lbs.
Assembled Weight	181.0 kg / 398 lbs.
Shipping Weight	193.6 kg / 425 lbs.