

Medical Adjustable Pulley

MD-AP



- ▶ Class I Med CE certified for therapeutic, rehab and active-aging environments creating a wide range progression programs including exercises that build upper body, lower body and core muscles that are essential to ADLs
- ▶ 35 clearly numbered adjustment points provide exercise variety and aids in precise repeatability
- ▶ One-handed pulley adjustment offers easy operation
- ▶ Low starting resistance helps injured or deconditioned clients begin exercise
- ▶ 1:2 pulley ratio provides smooth operation while reducing momentum and lengthening the cable travel for maximum training versatility
- ▶ Large informational placards provide clear adjustment and progression instructions for medical professionals and clients working independently
- Optional incremental weight allows increases as small as 0.45 kg / 1 lb. to help clients of all ability levels see real progress
- Optional medical handrail kit provides support for stability exercises and an attachment point for resistance bands
- Optional wheel transport kit makes it quick and easy to move the unit as necessary
- Optional balance bar provides a handle for increased stability during exercise and an attachment point for resistance bands
- Optional Inclusive Fitness Initiative (IFI) kit accommodates clients with physical, visual or cognitive disabilities and qualifies the unit for IFI compliance

ADJUSTMENTS

1-Handed pulley adjustment	Yes
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FRAME & CABLES

Available frame color	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
Frame finish	Proprietary two-coat powder process
Cable transmission	Internally lubricated cables & fittings
Cable travel	201cm / 79"
Machine anchoring locations	3
Transportation wheels	Yes (Optional)

TECH SPECS

Overall dimensions (L x W x H)	107.2 x 125.0 x 228.0 cm / 42.2" x 49.3" x 89.8
Product weight	174 kg / 384 lbs
ROM positions	35
Max user weight	N/A
MED CE Compliant	Yes

USER AMENITIES

Front placards	Color-coded exercise identification; start and finish exercise illustrations
Placard color coding	Yellow (upper body), Blue (Lower Body), Green (Core)
Color coded points of adjustment	Yes
Balance Bar	Yes (Optional)
Medical Stability Handles	Yes (Optional)
IFI Compliant	Yes (Optional Kit)

WEIGHT STACK

Weight stack	68 kg / 150 lbs
Weight stack effective resistance	34 kg / 75 lbs
Incremental weight system	.9, 1.8, 2.7, 3.6 kg / 2, 4, 6, 8 lbs
Incremental weight effective resistance	.45, .9, 1.35, 1.8 kg / 1, 2, 3, 4 lbs
Starting weight	1.76 kg / 3.88 lbs.
Max training weight	71.6 kg / 158 lbs
Weight stack guarding	Full front and rear shields