

Ultra Pec Fly / Rear Delt

G7-S22



- Rotating grips provide comfort and smooth movement during use
- Angled back pad and delt grips enhance user comfort and improve biomechanics
- Oversized handles reduce the need to adjust the seat position between rear deltoid and fly exercises
- Heavy weight stack accommodates advanced users
- The optional Intelligent Training Console features Endurance, Build and Strength programs to give members a guided training experience specific to their goals

ADJUSTMENTS

User adjustment range	7 position seat, 8 user arm start positions (4 for Pec Fly and 4 for Rear Delt)
Machine assisted user adjustments	Spring assisted seat
Color coded pivots & points of adjustment	Yes

FRAME & CABLES

Available frame colors	Iced Silver, Matte Black, Gloss Black, Lace White, Polarized Titanium
Frame finish	Proprietary two-coat powder process
Cable transmission	Internally lubricated cables & fittings
Machine anchoring	Independent machine hold down brackets
Integrated leveling system	Yes, top-down leveler

TECH SPECS

Overall "static" dimensions (L x W x H)	143.5 x 173.5 x 197 cm / 56.4" x 54.1" x 77.6"
Overall "in-use" dimensions (L x W x H)	143.5 x 193.5 x 197 cm / 56.4" x 76.1" x 77.6"
Product weight	329 kg / 726 lbs
Shipping weight	390 kg / 860 lbs
Rep counter machine usage tracking	Service mode tracks total machine reps and hours of use
Rep counter battery life	Approximately 3 years
Rep counter power supply	2 AA batteries

USER AMENITIES

Front placards	Muscle call outs, exercise specific stretching, start & finish exercise illustrations, proper machine adjustments, color-coded machine identification
Rear placards	Color-coded machine identification, exercise specific stretching
Placard color coding	Yellow (upper body)
Rep counter	Electronic counter displays reps, exercise time and rest time
Personal storage	Two tactile storage mats, personal device cradle and towel hook
Action Specific Grips	Exercise specific grips improving feel, function and form during use
Contoured seat	Yes; angled back pad for added comfort

WEIGHT STACK

WEIGHT STACK

Total stack weight	135 kg / 300 lbs
Weight plate increments	4.5 kg / 10 lbs
Incremental weight system	1.1, 2.3, 3.4 kg / 2.5, 5, 7.5 lbs
Max Training Weight	138.4 kg / 307.5 lbs
Consistent 53" stack height	Yes
Weight stack guarding	Full front and rear shields