

Diverging Lat Pulldown

VS-S33



- ▶ Independent diverging movement provides a natural path of motion
- ▶ Angled seat encourages proper user position
- Thigh pad easily adjusts to provide stability and comfort
- Incremental weight

ADJUSTMENTS

Color coded pivots & points of adjustment	Yes
User adjustment range	Adjustable Knee Pad

FRAME & CABLES

Frame color	Iced Silver
Cable transmission	Internally lubricated cables & fittings
Machine anchoring	Machine anchoring locations
Frame finish	Proprietary two-coat powder process

TECH SPECS

Product Weight (Standard Stack)	292 kg / 642 lbs.
Product Weight (Heavy Stack)	331 kg / 729 lbs.
Overall dimensions	155.4 x 150.1 x 187.9 cm / 61.2" x 59.1" x 74.0"
Rep counter machine usage tracking	Service mode tracks total machine reps and hours of use
Rep counter battery life	Approximately 3 years
Rep counter power supply	2 AA batteries

USER AMENITIES

Front placards	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
Rep counter	Electronic counter displays reps, exercise time and rest time & provides towel holder hook

Rear placards	Color-coded machine identification & machine specific stretching
Personal storage	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)
Placard color coding	Yellow (upper body)
Contoured seat	Yes

WEIGHT STACK

Consistent stack height	Yes
Weight stack guarding	Full front and rear shields
Total stack weight	Heavy: 230 lbs (104 kg); Standard: 160 lbs (72 kg)
Incremental weight system	5 lbs (2.3 kg)
Weight plate increments	Heavy: 15 lbs (6.8 kg) & 10 lbs (4.5 kg); Standard: 10 lbs (4.5 kg)