

# Low Row

## G3-MS53



- ▶ two independent cables for added training variety
- ▶ 1:1 pulley ratio for heavy training
- standard water bottle and towel holder

### TECH SPECS

Product Weight	260 kg / 573 lbs
Overall Dimensions (L x W x H)	230 x 71 x 240 cm / 91" x 28" x 94.5"
Weight Stack	134 kg / 295 lbs.