

# R1x Recumbent Cycle



- Intuitive LED console display
- Compatible with xID single-point user sign-in for a seamless personal experience
- WiFi connectivity accommodates optional Matrix Asset Management system and Workout Tracking Network
- Ergo Form seat and back pad enhance comfort and support
- Step-thru entry for easy access
- Low-watt starting resistance is ideal for beginning, rehab or deconditioned users
- Self-powered system provides cost-savings and freedom of placement within the facility
- USB port offers charging for most smartphones and tablets.
- Intuitive one-hand adjustment fine-tunes seat position

## CONSOLE

Display Type	Alphanumeric LED
Display Feedback	Time, Distance (Kilometers or Miles), Calories, Calories per Hour, Level, Speed, RPM, Heart Rate, METs, Watts
Secondary Data Display	No
Feedback da tela	Frequência Cardíaca, METs, Watts, Distância (Milhas), Distância (Quilômetros), Tempo Decorrido, Tempo Restante, Hora do Dia, Duração Total do Programa, Calorias, Velocidade, Nível, RPM, Perfil do Exercício
User-defined Multi-language Display	Accessible only through Manager Menu: English, German, French, Italian, Spanish, Dutch, Portuguese, Japanese, Swedish, Finnish, Turkish, Polish
Intervalo de resistência	1-25
Resistance Range	1-30
Workouts	Manual, Interval Training, Target HR, Constant Watts, Fat Burn, Fitness Test
CSAFE Ready-FitLinxx™	Yes
IPTV Compatible	No
Pro:Idiom Compatible	Optional - add-on TV
FitTouch™	No
Instant On Technology	Yes
One-button Start	Yes
On-the-fly Program Change	Yes
Integrated Vista Clear™ Television Technology	No
FITCONNEXION™ Ready	Yes
WiFi Enabled	Optional
Bluetooth Enabled	No
iPod	Charging only
Multimedia Playback	No
Personal Fan	No
Personal Trainer Portal Compatible	No
USB Port	Yes

Virtual Active™	No
Asset Management Compatible	Yes
Workout Tracking Network Compatible	Yes
Web Connectivity	No
Facility Communication Portal/Calendar	No
RFID Compatible	No
Pause Function	Yes
Reading Rack	Yes

## FEATURES

Contact & Telemetric HR	Yes
Handlebar Design	Seat side / Front ergo bend
Integrated Arm Rests	No
Remote Buttons	Yes
Bottle Holder	Yes

## RESISTANCE SYSTEM

Resistance System	Brushless generator
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## TECH SPECS

Crank Design	Single piece
Power Requirements	Self-powered / powered 100v-240v - 50/60Hz AC
Minimum Watts	12 powered & self-powered
Minimum RPM	25 powered & self-powered
Assembled Dimensions	161 x 73 x 139 cm / 63.2" x 28.8" x 54.6"
Max User Weight	182 kg / 400 lbs.
Assembled Weight	76 kg / 167 lbs.
Shipping Weight	92.6 kg / 204 lbs.